

How To Search The E-Library

Pinnacle Career Institute Library
Learning Resource Center
2012

Start At:

<http://pinnacleapps.com/library>

The screenshot shows the PCI Online Library website. At the top left is a photo of a woman with glasses holding a sign that says "Librarians Rock". To the right of the photo is the text "PCI Online Library" in large black font. Further right is the Pinnacle Career Institute logo, which consists of a stylized triangle with a red triangle inside and the text "Pinnacle Career Institute" to its right. Below the header is a dark navigation bar with white text: "Home", "FLAT", "TUTORIALS", "Welcome", "Web Tools", "Success Tools", "PCI PROGRAMS", "How To...", and "LIRN". The main content area is divided into three columns. The left column has a blue header "If offline, send an email to library@pcitraining.edu" and a login form with a smiley face icon and the text "I'm not log...". The middle column has a blue header "TPI Tuesday" and text: "TPI Tuesday! Are you as ready for some TPI as I am?? OK, grab your cards and lets go! Here is this weeks note from The Pacific Institute focusing on self worth and society: The Winner's Circle – 8/17/12 "Society & Self-Worth" What happens to us when the society in which we grow up doesn't ...". The right column has a blue header "Quick Links" and a list of links: "APA Paper Template", "Basic Research on LIRN", "Contact The Librarian", "PCI Library Catalog", "PCI Student Portal", "PCI Writing Lab", "PCI Writing Style Template", and "Search LIRN". At the bottom of the right column is a blue header "Math Help". A yellow callout box with rounded corners is overlaid on the bottom left, containing the text "Click Search LIRN Link" and a black arrow pointing to the "Search LIRN" link in the Quick Links section.

Click Search LIRN Link →

Log In To The LIRN Database



Library and Information Resources Network

[Member Database Access](#)

[Training](#)

[Membership List](#)

[Board and Officers](#)

[About LIRN®](#)

The services which are accessed from this page are available only to those members of the Library and Information Resource Network, Inc. which have contracts for them. A valid LIRN® access code is required to proceed from this point. Member institutions are responsible for managing the distribution of access codes to their students, faculty, and staff. If you do not know your LIRN® ID, please contact the library at your institution.

If you know the LIRN® patron identification number assigned to you by your institution, enter it below to connect.



To access the LIRN databases you need your PCI Patron ID number. This can be found on the student portal, from your Teacher or the Librarian



Scroll down to find eLibrary

Hide/show the individual Gale InfoTrac databases (+/-)

ProQuest [Connect to ProQuest](#)

ABI/INFORM, Psychology Journals, and Research Library modules on the arts, business, children, education, health, humanities, International and multicultural topics, law, military, psychology, science, social science, and women.

Hide/show the individual ProQuest databases (+/-)

CREDO [Connect to CREDO Reference](#)

Credo Reference is a general reference service covering every major subject from the world's best publishers of reference.

eLibrary [Connect to eLibrary](#)

Selected periodicals, reference books, maps, pictures, and newspapers from around the world, along with transcripts of news and public affairs broadcasts.

Bowker

As the exclusive U.S. ISBN and SAN Agency, Bowker® receives the most authoritative title and publisher information available, making it the world's leading source for bibliographic information.

Hide/show the individual Bowker databases (+/-)

BOWKER'S BOOKS IN PRINT [Connect to Bowker's Books in Print](#)

Information on books and audio and video materials searchable by availability, author, title, keyword, publisher, language, awards won, series title, and sources where reviewed.

Search For Information

The image shows a screenshot of a web browser displaying the eLibrary search page. A red callout box with a white background and a red border contains the text: "Type your search into the box" and "Then click Search". Two red arrows originate from the callout box: one points to the search input field, and the other points to the green "Search" button. The search input field contains the text "Massage therapist".

eLibrary

My eLibrary Help Contact us Exit

Search Topics

My List Bookcarts Slideshows

Basic Search

Advanced Search Popular Searches

Massage therapist **Search**

[Check All](#) | [Clear All](#)

Newspapers Magazines Books Maps Websites Pictures Audio/Video Transcripts

[Browse The ProQuest Essentials Collection](#)

Copyright © 2011 ProQuest LLC All rights reserved. - [Terms and Conditions](#) v16.00 [Educator Tools](#)

Select An Article From The List – Click on the Blue Title Link to Read

The screenshot shows the eLibrary website interface. At the top, there are navigation links for 'My eLibrary', 'Help', and 'Contact'. Below this is a main navigation bar with 'Search' highlighted, and other options like 'Topics', 'Publications', 'Reference', 'My List', 'Bookcarts', 'Slideshows', 'Timelines', and 'Quizzes'. A search bar contains the text 'massage therapist' and a 'Refine search' link. The results show 'Showing 1-25 of 250 results (2609 in total)'. A 'Jump to search results' link is present. A large preview window for the article 'Massage Therapist' is open, showing a photo of a therapist and a summary. A red box highlights the title 'Massage Therapist' with the text 'Title of article is in blue'. Below the preview, a list of search results is shown. A red box highlights the first result's title 'Massage Therapist' and author 'Techniques: Anonymous' with the text 'Then name of publication and author in black'. The first result also shows the date '01 May 2008', reading level '12', and size. A second result is partially visible below it.

elibrary

My eLibrary Help Contact

Search Topics Publications Reference My List Bookcarts Slideshows Timelines Quizzes

Basic Search Advanced Search Tag Search Popular Searches

Search Results Refine search Showing 1-25 of 250 results (2609 in total) Preferences

[Jump to search results](#)

Expand this document Add document to MyList Close

Massage Therapist

Her back and shoulder bothered her—mostly from lifting patients as a certified nursing assistant.

For that reason, Judith Rawn of Ormond Beach decided to change careers and become licensed in medical therapeutic massage. She is working on her degree at Daytona College. With all the stress she's under, she said, "I don't think I could be any other profession."

TRAINING

NONTRADITIONAL MASSAGE

CONSIDERATIONS

OUTLOOK

NICHE CAREERS

RELATED LINKS

Sort results by: Relevance Sort

Bring results type to top: Newspapers (39 results) Pictures (25 results)

1. [Massage Therapist](#) Techniques: Anonymous Date: 01 May 2008 | Reading Level: 12 | Size: Add to MyList

2. [The power of touch](#) Career World Orr, Tamra B Date: 01 Nov 2002 | Reading Level: 8 | Size: 6K | Keyword Score: 100

Read Your Article

The screenshot shows the eLibrary interface. At the top left is the 'eLibrary' logo. A navigation bar contains tabs for 'Search', 'Topics', 'Publications', and 'Reference', with 'Search' highlighted. To the right are links for 'My List', 'Bookcarts', 'Slideshows', 'Timelines', and 'Quizzes'. Below the navigation bar is a 'Document View' section with navigation links: '< Previous Result | Next Result >', 'Back to Search Results', and 'Show more documents like this ...'. A utility bar includes 'Email', 'Print view', 'Citation view', and a 'SHARE' button. A 'Translate document:' section has a 'Select language' dropdown and a 'Go' button. The main article title is 'Headache and Migraine; More Americans Turning to Massage for Pain Management', with the word 'Title' circled in red and a red arrow pointing to it. To the right of the title is a button 'Add document to MyList'. Below the title is the text 'Pain & Central Nervous System Week 10-29-2007' and a link 'Jump to best part of document', with the word 'Article' circled in red and a red arrow pointing to it. A text box on the right contains the instruction: 'Highlight a term, and click the Search, Topics, or Reference tab (above) to learn more about that term.' The article content begins with 'Headache and Migraine; More Americans Turning to **Massage** for Pain Management' and 'Type: Expanded Reporting'. The first paragraph reads: '2007 OCT 29 - (NewsRx.com) -- More people get **massage** therapy for medical purposes than for relaxation, according to a survey conducted by the American **Massage** Therapy Association(R) (AMTA(R)). The survey also showed that **baby boomers** have more **massages** than their younger counterparts -- and are more likely to use **massage** for medical reasons.'

Thirty percent of all people who received a **massage** in the last five years got it for medical reasons, compared to 22 percent who sought relaxation and 13 percent for a simple indulgence. Almost one-third (32 percent) of Americans say they've used **massage** therapy at least one time for pain relief -- just behind those who have turned to chiropractic (38 percent) and physical therapy (44 percent). "It's no surprise that people are turning to **massage** therapy to improve their wellness," says Dr. Leena S. Guptha, president of the AMTA. "It's a proven way to manage pain, recover from injury, and improve one's quality of life, often reducing the need for medications or invasive treatments."

Survey respondents said they most frequently sought **massage** therapy for medical reasons including pain management, injury recovery, soreness, general wellness and control of headaches or migraines. These benefits of **massage** are also being revealed by a growing body of medical literature. A scholarly review of scientific studies published in the July 2007 issue of Evidence Based Complementary Medicine has shown that professional **massage** therapy can be more effective than some other therapies in managing certain types of pain, particularly lower back

Stay Organized with email

The screenshot shows the eLibrary website interface. At the top, there are navigation tabs for Search, Topics, Publications, and Reference. Below these are sub-tabs for My List, Bookcarts, Slideshows, Timelines, and Quizzes. A red oval highlights the text "Keep Your Research Organized- email or print articles you like" in the top right corner. A red arrow points from this oval to the "Email" button in the document view section. The document view section includes a "Document View" header, navigation links for "Previous Result" and "Next Result", and a "Back to Search Results" link. Below this are buttons for "Email", "Print view", "Citation view", and "SHARE". A "Translate document" dropdown menu is also present. The main content area displays the title "Headache and Migraine; More Americans Turning to Massage for Pain Management" and the date "10-29-2007". A red circle highlights the "Jump to best part of document" link. A text box on the right side of the page provides instructions: "Highlight a term, and click the Search, Topics, or Reference tab (above) to learn more about that term." The main text of the article begins with "2007 OCT 29 - (NewsRx.com) -- More people get **massage** therapy for medical purposes than for relaxation, according to a survey conducted by the American **Massage** Therapy Association(R) (AMTA(R)). The survey also showed that **baby** boomers have more **massages** than their younger counterparts -- and are more likely to use **massage** for medical reasons."

eLibrary

Search Topics Publications Reference

My List Bookcarts Slideshows Timelines Quizzes

Keep Your Research Organized-
email or print articles you like

Document View < Previous Result | Next Result > Back to Search Results | Show more documents like this ...

Email Print view Citation view SHARE

Translate document: Select language Go

Headache and Migraine; More Americans Turning to Massage for Pain Management

Pain & Central Nervous System Week
10-29-2007

Jump to best part of document

Headache and Migraine; More Americans Turning to **Massage** for Pain Management
Type: Expanded Reporting

2007 OCT 29 - (NewsRx.com) -- More people get **massage** therapy for medical purposes than for relaxation, according to a survey conducted by the American **Massage** Therapy Association(R) (AMTA(R)). The survey also showed that **baby** boomers have more **massages** than their younger counterparts -- and are more likely to use **massage** for medical reasons.

Thirty percent of all people who received a **massage** in the last five years got it for medical reasons, compared to 22 percent who sought relaxation and 13 percent for a simple indulgence. Almost one-third (32 percent) of Americans say they've used **massage** therapy at least one time for pain relief -- just behind those who have turned to chiropractic (38 percent) and physical therapy (44 percent). "It's no surprise that people are turning to **massage** therapy to improve their wellness," says Dr. Leena S. Gupta, president of the AMTA.

Add document to MyList

Highlight a term, and click the Search, Topics, or Reference tab (above) to learn more about that term.

Scroll down to cite

System Week via NewsRx.com.

Keywords: Central Nervous System

NewsRx.com

[Back to top](#) ^

Citations are at the bottom of the article.

Look Out! You may need to re-arrange the information

Citation for your reference:

Ensure the accuracy and completeness of your bibliography by reviewing this automatically generated citation information against the guidelines provided by the standard reference works published by the Modern Language Association (MLA) or the American Psychological Association (APA).

[Edit this citation](#)

M "Headache and Migraine; More Americans Turning to Massage for Pain Management." *Pain & Central Nervous System Week*, 29 Oct.
L
A 2007: 75. *eLibrary*. Web. 22 Dec. 2011.

A (2007, October 29). Headache and Migraine; More Americans Turning to Massage for Pain Management. *Pain & Central Nervous*
P
A *System Week*, 75, Retrieved from <http://elibrary.bigchalk.com.ezp-02.lirn.net>

Guide Your Search for better results

- ▶ Use **AND** to focus your search
 - *Massage AND Babies*
- ▶ Use **OR** to expand your search
 - *Advertising OR Marketing*
- ▶ Use **NOT** to remove unwanted results
 - *Personal Trainer NOT Celebrity*
- ▶ Use * **Wildcards** to find more information
 - Wind* = Windmill, Wind Energy,

Need Help? Ask The Librarian

The image shows a screenshot of the PCI Online Library website. At the top left, there is a photo of a smiling woman with glasses and a sign that says "Librarians Rock". To the right of the photo is the text "PCI Online Library" in large, bold, black letters. Further right is the Pinnacle Career Institute logo, which consists of a stylized triangle with the text "Pinnacle Career Institute" next to it. Below the header is a dark navigation bar with white text: "Home", "FLAT", "TUTORIALS", "Welcome", "Web Tools", "Success Tools", "PCI PROGRAMS", "How To...", and "LIRN".

On the left side of the main content area, there is a chat window. The text inside the chat window reads: "If offline, send an email to library@pcitraining.edu". Below this text is a grey box with a white smiley face icon and the text "I'm not logged in.".

In the center of the page, there is a light blue rounded rectangular callout box. Inside the box, the text reads "IM / Chat or Use contact form". Two black arrows point from the text towards the left and right sides of the box.

On the right side of the page, there is a "Quick Links" section with a blue header. Below the header is a list of links: "APA Paper Template", "Basic Research on LIRN", "Contact The Librarian", "PCI Library Catalog", "PCI Student Portal", "PCI Writing Lab", "PCI Writing Style Template", and "Search LIRN". Below the "Quick Links" section is a "Math Help" section with a blue header.