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Spring 2014
By- PCI Librarian

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Hints & Tips for InfoTrac

- Choose **only full text**. Sometimes InfoTrack will show only summaries of articles called abstracts.
Select an article – Click on a blue link

4. **Healing energy**. Lisa Mertz.
   *Massage Therapy Journal*. 47.3 (Fall 2008) p122. Word Count: 134.
   [ILLUSTRATION OMITTED] Healer's Helper, "first aid for the energy field," is a homeopathic, unscented mist made with pure water, quartz crystals and herbs. Similar to a Bach flower remedy, Healer's Helper is an earth ...

5. **Healing Crystal & Tibetan Bowls**. Clare La Plante.
   *Massage Therapy Journal*. 47.3 (Fall 2008) p129. Word Count: 165.
   In the collection Healing Crystal & Tibetan Bowls by Danny Becher, the name says it all. This deceptively quiet collection of Tibetan bowl chimes works on the body in powerfully subtle ways for relaxation and healing. ...
energy work session, and offers sample client charts in the kit. She skillfully demonstrates work with a client on the DVD, balancing the seven major chakras and chakras on the hands and feet. She also shows how to use the pendulum for your own self-care. A handy addition to your energy work library.

mtj book and video reviews editor Lisa Mertz. Phd, LMT, is the program coordinator of massage therapy at Queensborough Community College/City University of New York.

Mertz, Lisa

Source Citation  (MLA 7th Edition)

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